### Helen Farabee Centers and the Military Veteran Peer Network

### **How Can I Help?**

I have Veteran meetings that are tailored for service members, Veterans and their family members. The goal of the group is to help those individuals who suffer from PTSD, depression, and other Veteran issues to talk about their experiences and to other Veterans and learn positive ways to cope with their issues. My Veterans group meet every Monday from 1200-1300 at the Wichita Falls Travel center conference room, 306 Scott street, Wichita Falls, TX

## Trust, Camaraderie, Hope



If an individual would like to be a volunteer for the Military Veteran Peer Network (MVPN) I teach a course called Basic Training that focuses on the struggles that Veterans may have such as PTSD, depression, substance abuse and other issues. The course is also available for the general public as well.

The Military Veteran Peer Network's mission is to establish camaraderie and trust with each other, identifying and vetting community resources and, collectively contributing to the communities where we live in. The Military Veteran Peer Network connect Veterans and their families to local, state and national resources through an active group of veteran peers.

### **Community Partnerships**

In order to provide reliable and expedited services to the SMVF community, the Military Veteran Peer Network has a working relationship with key community partners such as Catholic Charities, Texas Veterans Commission, Wichita Falls VA Clinic and others. The network is often asked to perform trainings at law enforcement agencies to explain Veteran issues and promote de-escalating tactics to law enforcement officers. Teach nursing students about Veteran issues because they are front line health care workers. The network has established a multitude of community partners and conduct trainings to ensure that Veterans and their families are getting the best service possible from the Military Veteran Peer network and the resources in the community.

# For information about our Veteran Services, please contact:

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